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# Ways To Protect Yourself From Spam



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# What is Spam

When you consider spam, what comes to mind?

Spam is a pain, but it also poses a danger. While many of us would believe that we are intelligent enough to spot spam in any form, spammers frequently change their techniques and messages in an effort to deceive potential victims. The truth is that cybercriminals continuously target us, and your email is the evidence.

Any undesired, uninvited digital communication transmitted in mass is referred to as spam. Spam is frequently transmitted by email, but it may also be sent through social media, text messages, and phone calls.

# Ways To Protect Yourself And Fight Spam

**The email addresses must never be made public.**

One of the best ways to protect yourself against spam emails is by not sharing your email address. Making the address public will increase the amount of spam emails that arrive in your mailbox. You should be aware that billions of people can access the internet. Numerous of them are hunting for open and unprotected email accounts. Spammers and other cybercriminals are always hunting for email addresses from which to send unsolicited emails. When you publish your emails, others can access your private information without restriction. They are able to disrupt the system by breaking in.

## **Consider your options before clicking any links.**

It's not always easy to use the automated filters. Legal emails might be classified as SPAM. The filters can fail to recognise hazardous emails or their contents. You'll receive emails like that in your mailbox. Therefore, it is important to use cautious in clicking on any email in your inbox. If the email contains links, do not click on them.

## **Avoid responding to the spam emails in any way.**

It's possible that you can see the spam emails in your inbox. The source of these emails is unknown. Such emails are better off being marked as spam and immediately discarded. Never make an effort to respond to such communications. Your email address is discovered in this method, and the spammer may use it to commit crimes. It will also make it more likely that spammers will pick your email as their target.

## **Install Anti-Virus And Spam Filter Software To Safeguard Your Email Account.**

There are excellent spam filters and antivirus programmes online. Choose the best spam filter by carefully examining each option to protect your email account from spammers. Antivirus software might help shield your computer from brute force attacks.

## **Use Two-Factor Authentication And Strong Password**

As an additional measure of protection against spam emails, increase the security settings. You may use 2-factor authentication and a strong password to protect your email account. A preventive measure is to protect the confidential information you provide in emails and letters.